# THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF THE MEDITERRANEAN.





A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

# **FAST TAKES**

# IN A HURRY. NO WORRY!

# **OFFERED DAILY**

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus





# CHECK THIS OUT!

Greek turkey salad or wrap on a whole grain tortilla topped with Greek turkey, tomatoes and cucumbers.

# **EVERYDAY SELECTIONS**

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

# OTHER DAILY OPTIONS

Hummus

# **Toppings**

Shredded Lettuce Sliced Tomatoes Sliced Red Onion Jalapeños **Pickles** 



# KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

# **Roasted Garlic Sauce**

A blend of roasted garlic, lemon juice and herbs, combined with Greek yogurt and mayo and blended until smooth.

### Tzatziki Sauce

A traditional Greek sauce made of cucumber, dill, lemon juice and Greek yogurt.

### Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

### **Garlic Parmesan**

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

# TRY THIS ONE!

Greek turkey salad or wrap on a whole grain tortilla topped with Greek turkey, tomatoes and cucumbers.

# **EVERYDAY SELECTIONS**

Classic Hamburger Crispy Chicken Sandwich

Monday Corn Dog Tuesday Rib-B-Que

Wednesday Toasted Cheese Sandwich

Thursday Hot Dog

Friday Chicken Tender Sandwich

# **Toppings**

Sliced Cheddar Cheese Sliced Pepper Jack Cheese Shredded Lettuce Sliced Tomatoes Sliced Red Onion **Jalapeños Pickles** 

> Offered with Veggie Sticks or French Fries

Cheese Pizza

# **EVERYDAY SELECTIONS**

Offered with Toasted Garlic Caesar Salad

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

# **DAILY PASTA OPTIONS**

Cheddar Mac and Cheese



### SHAKE IT UP!

Greek turkey pizza topped with tomatoes, cucumbers and feta cheese; garnished with chopped parsley.

# Additional nutrition information available upon request. This institution is an equal opportunity provider.



### **EVERYDAY**

Chicken Tenders

Monday Homestyle Mac & Cheese served with an Herbed Breadstick and your choice of Citrus Glazed Carrots or Roasted Zucchini

Tuesday Shepherds Pie served with a Dinner Roll and your choice of Roasted Broccoli and Cauliflower or a Side Caesar Salad

Wednesday Sliced Turkey and Gravy served with a Dinner Roll and your choice of Mashed Potatoes or Green Beans

Thursday Spaghetti and Meatballs served with an Herbed Breadstick and your choice of Roasted Broccoli and Cauliflower or a Side Caesar Salad

Friday Frito Chili Pie served with Black Beans or Aztec Corn